

## Frequent Questions Asked for the celebration of first Holy Communion

### **SPONSORS/GODPARENTS**

*The Catholic Church does not require godparents for first Holy Communion. Here in our community we honor this important cultural tradition, since godparents play an important role in the journey of faith of the child; godparents are to be living examples of Christian life that is lived according to the teachings of our Catholic faith. If you decided that your child will have a godparents, the Church asks that the following guidelines are followed:*

- 1. Ideally the Baptismal godparents should be the first choice.  
If that is not an option at the moment, you should ask*
- 2. A couple that is married through the Catholic Church*
- 3. Or a single person 16 years or older, who is not living together with another person. This person should be been initiated in the Catholic faith. That means a person who has received all sacraments of initiation: Baptism, First Communion and Confirmation.*

### **FIRST COMMUNION PRACTICE**

Because of the pandemic we are still experiencing. We will have a virtual practice; this means we will post a video. In this video we will explain in detail the procedures to follow for the celebration of the first Communion mass. Once the video is posted, the children, parents and sponsors are required to watch the video at their convenience.

### **RECONCILIATION (CONFESSION)**

The sacrament of Reconciliation/Confession is necessary to receive Communion. The sacrament of Reconciliation (Confession) will be held one or a few days before the sacrament of the first Holy Communion is celebrated. In the Communion masses calendar, you will find the date that has been assigned for your child, according to the first Communion mass you have chosen. Remember that it is necessary, and it is also mandatory that you and your child attend the confession.

### **Appropriate Basic Attire**

**Boys:** *Dark slacks, white shirt and tie or bow tie. Suits are appropriate but not necessary  
(suits can be black, gray, navy blue, white or ivory)*

**Girls:** *White or Ivory dress, veil. NO gloves*

### **Religious Articles (Sacramentals)**

- Candle (the most important). Optional, but highly encouraged: rosary, communion book or bible, and medals or scapulars*

**Sitting Arrangement** The children will sit with their parents and godparents. Only 5 people will be accommodated including the child receiving first Communion. First Communion Masses will be broadcast live on the parish's Facebook page.